

Orton Wistow Primary School – Curriculum Plan

Subject : PE

Year : EYFS

Working with others



Vocabulary

Knowledge

Understanding

Skills

What children will know

What children will understand

What children will be able to do

Define the word and include etymology if useful.

Learning

Teaching

Assessment

Learning

Teaching

Assessment

Learning

Teaching

Assessment

Remembering

Telling

Testing

Practising

Coaching

Observing

Reflecting

Facilitating

Evaluating

Throw

Catch

Watch

Aim

Target

Roll

Help

Team

Partner

Children will know that eating, sleeping, hygiene can contribute to good health.

Children will know the boundaries set and the behavioural expectations.

Children will understand how to play in a group.

Children will understand how to keep play going based on what others are saying.

Children will understand the needs of others and can take it in turns and share.

Children will understand how to run skilfully and negotiate space successfully.

Children will be able to play games with others.

Children will be able to share and be kind to each other.

Children will be able to run into space, avoiding obstacles.

Children will be able to take turns playing different roles.

Children will be able to play games in pairs and groups.

Orton Wistow Primary School – Curriculum Plan

Year :

Subject : PE

EYFS

Me & Myself



Vocabulary

Define the word and include etymology if useful.

Uniform

Changing

Lesson

Listen

Instruction

Body parts

Direction

Awareness

Heart rate



Knowledge

What children will know

Children will know the effects of activity on the body.

Children will know what questions to ask to others.



Understanding

What children will understand

Children will understand how to dress themselves with support.

Children will understand how to move freely and with pleasure.

Children will understand how to engage in conversation with others.

Children will understand how to run skilfully and negotiate space successfully.

Children will understand how to link sounds to letters.



Skills

What children will be able to do

Children will be able to change into a PE kit.

Children will be able to listen and respond to instructions.

Children will be able to move in different ways.

Children will be able to change direction when moving.

Children will be able to participate in games.

Learning	Teaching	Assessment	Learning	Teaching	Assessment	Learning	Teaching	Assessment
Remembering	Telling	Testing	Practising	Coaching	Observing	Reflecting	Facilitating	Evaluating



Orton Wistow Primary School – Curriculum Plan

Subject:

PE

Year : EYFS

Fun & Games



Vocabulary

Define the word and include etymology if useful.

Look
Watch
Sight
Hear
Listen
Run
Direction
Together
Counting
Breathing


 Knowledge
What children will know

Learning	Teaching	Assessment
Remembering	Telling	Testing


 Understanding
What children will understand

Learning	Teaching	Assessment
Practising	Coaching	Observing


 Skills
What children will be able to do

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Children will be able move in lots of different ways.

Children will be able to move into space.

Children will be able to play games with others.

Children will be able to use equipment in games.

Children will be able to keep score.

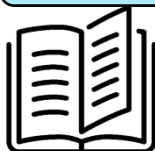


Subject : Orton Wistow Primary School – Curriculum Plan

PE

Year : Year 1

Throwing & Catching



Vocabulary

 Knowledge
 What children will know

 Understanding
 What children will understand

 Skills
 What children will be able to do

 Define the word and include
 etymology if useful.

Learning

Teaching

Assessment

Learning

Teaching

Assessment

Learning

Teaching

Assessment

Remembering

Telling

Testing

Practising

Coaching

Observing

Reflecting

Facilitating

Evaluating

Throw

Catch

Watch

Aim

Target

Push

Kick

Hands

Bounce

Count

Children will know how to respond to simple instructions.

Children will know the boundaries set and the behavioural expectations.

Children will understand how to show increased control when catching a ball.

Children will understand how to show increasing control over an object.

Children will understand how to play fairly in a group. Taking it in turns.

Children will understand how to move freely and with pleasure.

Children will be able to move around without a ball.

Children will be able to move with a ball.

Children will be able to explore different body parts to move the ball.

Children will be able to explore how the ball moves.

Children will be able to play command games.



Orton Wistow Primary School – Curriculum Plan

Subject :

PE

Year :

EYFS

Movement Development



Vocabulary

Define the word and include etymology if useful.

Control
 Coordination
 Fluently
 Free
 Awareness
 Walk
 Space
 Creative
 Movement
 Run


 Knowledge
 What children will know

Learning	Teaching	Assessment
Remembering	Telling	Testing

Children will know the need for safety when tackling new challenges.

Children will know the effects of activity on the body.

Children will know the boundaries set and the behavioural expectations.


 Understanding
 What children will understand

Learning	Teaching	Assessment
Practising	Coaching	Observing

Children will understand how to travel with confidence.

Children will understand how to move freely and with pleasure.

Children will understand how to run skilfully and negotiate space successfully.


 Skills
 What children will be able to do

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Children will be able to move and balance in different ways.

Children will be able to move, on, over and under equipment.

Children will be able to play imagination games.

Children will be able to move into space.

Children will be able to take part in races and tag games.



Orton Wistow Primary School – Curriculum Plan

Subject : PE

Year :

EYFS

Dance



Vocabulary

Define the word and include etymology if useful.

Teamwork
Music
Movement
Count
Together
Create
Ideas
Dance
Impression
Mirror



Knowledge
What children will know

Learning	Teaching	Assessment
Remembering	Telling	Testing

Children will know the concept of playing characters and taking on different roles and perform in character to music.



Understanding
What children will understand

Learning	Teaching	Assessment
Practising	Coaching	Observing

Children will understand how to explore different movements.

Children will understand how to show different emotions, impressions and expressions.

Children will understand how to listen to music and move in time to it.

Children will understand how to work well with a partner, mirroring movements.

Children will understand how to work well with others.



Skills
What children will be able to do

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Children will be able to move in different ways.

Children will be able to copy actions from a teacher.

Children will be able to move to the music.

Children will be able to copy actions from a partner.

Children will be able to create their own actions and movements.



Orton Wistow Primary School – Curriculum Plan

Subject : PE

Year : EYFS

Ball Games



Vocabulary

Define the word and include etymology if useful.

Collect
Ball control
Games
Bounce
Count
Hand
High
Explore
Height
Safely



Knowledge
What children will know

Learning	Teaching	Assessment
Remembering	Telling	Testing

Children will know how to manage some risks when using equipment.

Children will know how to show understanding towards the effects of activity on their body.

Children will know aware of the boundaries set and the behavioural expectations.



Understanding
What children will understand

Learning	Teaching	Assessment
Practising	Coaching	Observing

Children will understand how to play in a group, extending and elaborating play ideas.

Children will understand how to show increasing control when throwing and catching.

Children will begin to understand the needs of others and can take turns and share.



Skills
What children will be able to do

Learning	Teaching	Assessment
Reflecting	Facilitating	Evaluating

Children will be able to explore a ball.

Children will be able to move the ball around the body.





Children will be able to travel with the ball.

Children will be able to play with others.

Children will be able to throw a ball.



Subject : Orton Wistow Primary School – Curriculum Plan

PE	Year : EYFS			Fitness					
									
Vocabulary	Knowledge What children will know			Understanding What children will understand			Skills What children will be able to do		
Define the word and include etymology if useful.	Learning	Teaching	Assessment	Learning	Teaching	Assessment	Learning	Teaching	Assessment
	Remembering	Telling	Testing	Practising	Coaching	Observing	Reflecting	Facilitating	Evaluating
<p>Jumping</p> <p>Weaving</p> <p>Speed</p> <p>Balance</p> <p>Healthy</p> <p>Landing</p> <p>Coordination</p> <p>Strength</p> <p>Instructions</p>	<p>Children will know the benefits of regular exercise.</p>			<p>Children will understand how to improve speed, agility, balance, coordination and strength.</p> <p>Children will understand how to develop the jumping technique safely.</p> <p>Children will understand how to work well as a team to improve performance.</p> <p>Children will understand how to solve challenges.</p> <p>Children will understand the correct jumping and landing techniques.</p>			<p>Children will be able to know colours and numbers.</p> <p>Children will be able to move at different speeds.</p> <p>Children will be able to move into space.</p> <p>Children will be able to move using different body parts.</p> <p>Children will be able to balance using different body parts.</p>		



